# Safeguarding Your Child's Phone

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Locations

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# Why?

50% of 11 to 13 year-olds 65% of 14 to 15 year-olds 78% of 16 to 17 year olds

Pornography – have seen in some way (shown/sent by someone else, search for/stumbled up it)

## Suicide Rate

2009 to 2015 – girls ages from 15-19, suicide rates increased by 70%

2009 to 2015 — girls ages from 10-14, suicide rates increased by 151%



A smartphone addiction survey revealed that 99.2% of users show some level of fear and anxiety if they accidentally leave their phones. This is a sign of nomophobia (Metro, 2021).

# Smartphone Addiction Statistics You Can't Ignore

Sources: BankMyCell, DataReportal, TechRepublic, Reviews.org

FinancesOnline

Sources: Pew Research, BankMvCell



## The number of mobile phone users worldwide is steadily increasing



## Teenage Smartphone Addiction

Smartphone User Behavior

check phone messages and notifications after waking up
 feel lonely, anxious, or upset without their phones
 admit to spending too much time on their smartphones
 parents who believe their kids are addicted to their smartphones
 risk depression when they spend too much time on social media



How to – This is Worth Your Time and Effort

## iOS Family – Apple Family Sharing

Apple ID for each member of the family

Use parental controls on your child's iPhone, iPad, and iPod touch - Apple Support

**Android Family** 

Google Family Link

Help keep your family safer online



# Invite Family and Create Child Account





# Setting Up Family Sharing

On your iPhone, iPad, or iPod touch 1.Go to Settings.

- 2.Tap your name.
- 3. Tap Invitations.

To accept an invitation, follow the onscreen instructions. When you join a family, you might be asked to confirm your account information and to opt in to any features or services your family set up.





# Screentime

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## Set Content & Privacy Restrictions

1.Go to Settings and tap Screen Time.2.Tap Turn on Screen Time, then tap it again. Choose "This is My [Device]" or "This is My Child's [Device]."

3.Tap Content & Privacy Restrictions. If asked, enter your passcode, then turn on Content & Privacy Restrictions.

Make sure to choose a passcode that's different from the passcode that you use to unlock your device

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Content & Privacy Restricti	ions
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Allowed Apps	>
Content Restrictions	>
PRIVACY	
Share My Location	Allow >
ALLOW CHANGES:	
Passcode Changes	Don't Allow >
Account Changes	Allow >
Cellular Data Changes	Allow >
Driving Focus	Allow >
TV Provider	Allow >
Background App Activities	Allow >

## Content and Privacy

Prevent iTunes and App Store Purchases



## Content and Privacy

Allow built-in apps and features



## **Content and Privacy**

# Prevent Explicit Content and Content Ratings

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Content Restrictions

ALLOWED STORE CONTENT

Music, Podcasts, N	ews, Fitness	Clean	>
Music Videos		Off	>
Music Profiles		Off	>
Movies		PG	>
TV Shows		TV-Y7	>
Books		Clean	>
Apps		12+	>
App Clips		Allow	>
WEB CONTENT			
Web Content	Limit Adult	Websites	>
SIRI			
Web Search Conter	nt	Allow	>
Explicit Language		Allow	>
GAME CENTER			
Multiplayer Games	Allow with	Everyone	>

## Content and Privacy

## Prevent Web Content

	9:41	Ľ
< 1	Back Web Content	
	WEB CONTENT	
	Unrestricted	
	Limit Adult Websites	~
	Allowed Websites	
	Limit access to many adult websites automatically. Specific allowed and restricted websites can be added below.	
	ALWAYS ALLOW:	
	Add Website	
	NEVER ALLOW:	
	Add Website	

# Allow Changes to Privacy Settings

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Bk Content & Privacy Re	strictions
Content & Privacy Restriction	ons
iTunes & App Store Purchas	es >
Allowed Apps	>
Content Restrictions	>
PRIVACY	
Share My Location	Allow >
ALLOW CHANGES:	
Passcode Changes	Don't Allow >
Account Changes	Allow >
Cellular Data Changes	Allow >
Driving Focus	Allow >
TV Provider	Allow >
Background App Activities	Allow >

# **Screen Time**

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# Always Allowed

## 3:06 Screen Time Always Allowed ALLOWED CONTACTS Limit who Kensie can communicate with during downtime. Limits apply to Phone, FaceTime, Messages, and iCloud contacts. Contacts Everyone > ALLOWED APPS Always allowed apps are available during downtime, or if you selected the "All Apps & Categories" app limit. Phone 8 Messages FaceTime 0 8 Maps Camera 0 Clips 5 Music 0 CHOOSE APPS: Amazon App Store Apple Store

# Communication Safety

### SENSITIVE PHOTOS IN MESSAGES

### Check for Sensitive Photos

Messages can detect nude photos before they're sent or viewed on your child's device, and provide guidance and age-appropriate resources to help them make a safe choice. Apple does not have access to the photos. Learn more...

### View Child Safety Resources

Resources to have conversations with your child about digital safety topics like sexting and nudes.

ANALYTICS & IMPROVEMENTS

### Improve Communication Safety

Help Apple improve Communication Safety by sharing analytics and usage data. Analytics and data are aggregated in a form that is not personally identifiable. No messages or media are shared with Apple. About Improve Communication Safety & Privacy...

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	iMessage Today 9:40 AM	
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# Communication Safety

#### Message someone they trust

As an additional precaution, the child has the option to message an adult that they trust about the photo. If the child is under 13, Messages prompts the child to start a conversation with their parent or guardians.



#### If the child chooses to view or send an image that contains nudity

If the child chooses to view or send the photo, Messages confirms that they're sure they want to do so and suggests alternatives, again reassuring the child that it's okay not to participate and that more help is available.





# Communication Limits

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**Communication Limits** 

Limits apply to Phone, FaceTime, Messages, and iCloud contacts. Communication to known emergency numbers identified by Kensie's carrier is always allowed.

### ALLOWED COMMUNICATION

<b>During Screen</b>	Time
Everyone	

Limit who Kensie can communicate with during allowed screen time.

### During Downtime Everyone

Limit who Kensie can communicate with during downtime.

Manage Kensie's Contacts	
Contacts	

Changes to contact cards will only apply for Kensie.

Allow Contact Editing

175 >

# App Limits

3:10		🗢 🗩
Screen Time	App Limits	
App Limits		
Set daily time limi manage. Limits re	ts for app categorie set every day at m	es you want to idnight.
Messages Off		>
All Apps & Cat 30min, Every Da	tegories <sup>ay</sup>	>
All Apps & Cat 30min, Every Da	t <b>egories</b> ay	>
Add Limit		

# Downtime

### 3:11



## **<** Screen Time **Downtime**

During downtime, only apps that you choose to allow and phone calls will be available.

### Turn On Downtime Until Schedule

A five minute downtime reminder will be sent and downtime will be turned on until schedule resumes.

## Scheduled



Scheduled turns on downtime for the time period you select. A downtime reminder will appear five minutes before downtime.

## Every Day

## ~

Customize Days

From	8:52 PM
То	6:00 AM

Downtime will apply to Kensie's devices. A downtime reminder will appear five minutes before downtime begins.

## Block at Downtime



The device will be blocked at downtime. Kensie will be able to ask for more time from a parent or guardian. Screentime

# What is your screen time and total pick ups?

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Back	Screen Time	
HARPI	ER'S IPAD (2)	
Daily	Average • 10% from last	week
S	M T W T F S	2h 1h avg 0
See /	All Activity	>
Updat	ed today at 2:55 PM 📩	
$Q_{i}^{\prime k}$	Downtime Off until schedule	>
I	App Limits Set time limits for apps.	>
٢	Communication Limits Set limits based on contacts.	>
P	Communication Safety Set up coaching in Messages.	>
Ø	Always Allowed Choose apps to allow at all times.	>
0	Content & Privacy Restrictions Block inappropriate content.	>

Apps outside of Apple – Netflix, Hulu, Tik Tok, Snapchat

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What's new • Last updated Mar 31, 2023

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Family Link has been redesigned to have a more streamlined look with 3 tabs (Highlights, Controls, and Location) and new features like "Today only" ...

Rate this app Tell others what you think



Write a review

Developer contact	V
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About	this a	pp		
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Stay in the loop as your child explores on their compatible devices.

 Tools
 Parenting
 Parental control

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# Google Family Link

## For Android Users

- 1. How to set it up
- 2. How to set up digital ground rules
- 3. Manage your child account
- 4. Stay connected and know for peace of mind

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## 

Does your child have a Google Account?

They'll need an account ending in @gmail.com in order to set up supervision for them



## Create a Child Gmail/Sync

-gmail.com

-Create right on the phone for the child







If don't have a Gmail for your child will have to set up

- 1. Open Settings
- 2. Go to Google then Parental Controls
- 3. Chrome books, go to people
- 4. than parental controls
- 5. Follow steps to set up parental controls

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## ←

## 61

Get your child's device

## 1 Open Settings

2 For Android devices, go to **Google**, then **Parental controls** 

For Chromebooks, go to **People**, then **Parental controls** 

- 3 Follow the steps to set up **parental** controls
- 4 Tap Done below when you're finished

## **Digital Ground Rules/Screen** Time

-when you first set up limits you can choose weekdays and weekend time

-Once set up you can go into family link -Hit today and change limits at anytime

1:47 🗟 🗘 🕑 💆 🔊 • ال بارچ 👘 â 1X 📖 🔳 3:36 🛍 S 🗉 🕫 🛛 🖡 🖬  $\equiv$ Susie Ō Set daily limits Manage the amount of time your child spends on their device daily Galaxy S8 Weekdays 4m • 🔒 87% Edit 0 Idoday's limit No downtime 1h 55m left Tonight Weekends App limits ... Edit Set time limits and block apps Limits can be adjusted anytime by visiting Content restrictions  $\nabla$ settings, selecting Google, then selecting parental Manage search results, block sites Account acttings 벆 0 �. Next Highlights Controls Location  $\bigcirc$ <  $\bigcirc$ 

Mon-Fri

Sat-Sun

Limit

2hr

Limit

4hr

controls

Skip

# Content Restrictions

1.Open Family Link

- 2. Content Restrictions
- 3.Google Play
- 4. Require Approval

# 2:01 G ♥ ♥ ♥ ♥ ♥ ● ← Content restrictions ▶ Google Play ▶ YouTube

- Google Chrome
- Google Search
- 🔋 Google Assistant
- Google Photos

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## ← Google Play Store

Manage what Susie can browse, purchase, or download on Google Play.

## Purchases & download approvals

Require approval for All content

## **Content restrictions**

Choose what Susie can browse on Google Play.



# Kids Side of Phone

When they download application

-Hit ask in message

-You get an alert that they want to download

-24 hour to respond



# Limit on Apps on Phone

- 1.Family Link
- 2.App Limits
- 3. Pick an App
- 4. Block/ Set Limit/ Always Allow

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# Knowing What Child Looking At

## Privacy Settings

Manage what gets save to your child's google account. You cauan see the history of what they are looking at

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## ← Account data settings

Manage data that gets saved to your child's Google Account

### ACTIVITY CONTROLS

Also allow your child to change these settings



## Web & App Activity

Choose whether to save your child's activity on Google sites and apps, including searches and associated info like location. You can also choose to save audio recordings and save additional activity from sites, apps, and devices that use Google services, including Chrome history.

## YouTube History

Choose whether to save the videos your child watches and the things they search for on YouTube

### OTHER ACCOUNT SETTINGS

# Stay Connected on the go

With Family Link, you can locate your children on one map as long as they are carrying their phones. Family link will provide you with notifications on when your child arrives or leaves a certain location it can also view remaining battery life.



# Peace of Mind

## Get notified when:



Casey

Arrives

Leaves



# You're in Control

1.Hit the phone they have up top

2. Lock it or play sound if lost

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	Galaxy S8 Locked • ∎ 60%		
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Unlock	Play sound	Bonus time	
Device settings		Done	
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Apps outside of Samsung – Netflix, Hulu, Tik Tok, Snapchat



Location Sharing App



# Location History



# **Place Alerts**



now

## Kyla arrived at Middle School



now

## Kamal left Work



now

Mark arrived at Target

# Crash Detection



# Driver Reports



## Memberships



# Q and A