

SFC Middle & High School Athletics – Fall 2022

Athletic Paperwork & ONLINE Registration

SFC's Athletic Department uses an online registration for our 7th - 12th grade athletes. The registration site can be found on the athletic page of the school website OR by going to this [link](#). In addition to the online registration, TWO forms must also be turned in to the office – the Health History form and the Pre-participation Physical Exam (completed and signed by a Health Care Provider). Both forms are available on the online registration site AND our school website's athletic page. **The TWO required forms AND the online registration must be submitted BEFORE students are cleared to participate in team practices or competitions. Please do not wait until the first practice to hand paperwork in - it will likely result in your student having to sit on the sidelines that first day.** Contact Athletic Director Jim Groen with questions, (jbg@siouxfallschristian.org) or 605-261-1450.

Clinic locations that offer athletic physicals listed at [this link](#).

Athletic Orientation Meetings

All head coaches will invite parents and athletes to attend a team meeting at the start of their season. This meeting will include information specific to the sport, as well as athletic handbook information. All athletes, and at least one parent per athlete, are expected to attend these sport specific meetings; meeting dates/times will be set by the head coach.

We LOVE our Charger-Parent Boosters!

ALL parents of 7th - 12th grade athletes are official Booster Club members! As a Booster, EACH parent is required to cover TWO (2) game slots during the school year, choosing gate admission, concessions, score clock, etc. The link for the sign-up sheets is [HERE](#). Use the tabs at the bottom to view opportunities for each sport. Parents are encouraged to sign up early to ensure dates/times that work best for their schedule.

Admission Prices/Season Passes

We will be increasing admission prices for the coming school year for all home events as follows: Adults - \$5 Students - \$3.

Season passes may also be purchased at game admission tables:

All Season Pass (Includes fall and winter season games)	Family	\$425	Adult	\$150	Student	\$75
Fall Season Pass (Includes fall season games only)	Family	\$200	Adult	\$80	Student	\$50
Winter Season Pass (Includes winter season games only)	Family	\$200	Adult	\$80	Student	\$50

Fall Sports

******Practice calendars for each sport are posted on the school website under the athletics tab******

Cross Country – Coach Luke VanderLeest (605-351-9649) and assistant coaches, Tim Ackerman, Sara Mulder, and Kenzie Small have scheduled the first practice for Aug. 15. Cross country is open to 7– 12 grade boys and girls, including those interested in dual sporting. Please email Coach Vander Leest, lvanderleest@siouxfallschristian.org for info regarding summer training. Fall practice schedules will be posted on the website by August 1.

Football – Coach Jared Smith (605-321-3877) and assistant coaches, Shelby Aanenson, Brett Keepers, Luke DeSautel, and John Semchenko will meet high school players at the first practice on Aug. 8. Detailed practice schedules will be posted on the website by August 1.

Girls Tennis - Coach Matt Westenberg (712-541-0193) will begin practice on Aug. 1. Tennis is open to all girls in grades 7-12. Detailed practice schedules will be posted on the website by mid/late July.

Boys Golf – Coach Ivan Voss (605-359-3342) and Assistant Coach Steve Van't Hul, will begin practice on Aug. 8. Golf is open to all boys in grades 7-12; those interested should meet at school at 6pm on August 8. Players will meet from 6-7pm and a parent meeting will follow from 7-7:30pm. Detailed practice schedules will be posted on the website by August 1.

Soccer – Boys’ coaches Ephron Poyer (605-951-5940) and Jeremy Roberts, and Girls’ coaches Jordan Salamido (605-900-6809) and Adri Van Groningen invite **BOYS (grades 9-12) and GIRLS (grades 8-12)** to the first practice on August 1. Practice schedules will be posted on the website by mid/late July..

Volleyball – Varsity Coach Darci Wassenaar (605-321-6331) and assistant coaches, Wil Zobel and Brittany Vollmer, begin practices Aug. 11. All girls in grades 9-12 are welcome! Practice schedules will be posted on the web site by August 1.

Football Cheer - Coach Misty DeGroot (605-759-2353) will begin practice for HS Football Cheerleaders on August 1 in the MS/HS cafeteria. The practice schedule will be posted on the website by mid/late July.

Middle School Football - Coaches John Semchenko (605-212-1781), Justin Haffield, and Nolan Aasen invite all boys in grades 7 & 8 to attend **Equipment handout** on Tuesday, Aug. 16 at 10:00 am. The 7th graders will meet in the Computer Lab by the library, and 8th graders will meet in the Weight Room; both groups switch locations at 10:45 and will be finished by 11:30. The **FIRST scheduled practice** will be after school on Wednesday, Aug. 17. A detailed practice schedule will be posted on the website by Aug. 1.

Middle School Volleyball – 8th grade coaches, Wendy Poppema (605-370-7074) and Jen Cotten; and 7th grade coaches, Alison Kroese (712-441-1182) and Abigail Eben, will begin practice on Tuesday, Aug. 16 in the MS gym. All girls in grades 7 & 8 are welcome! A full practice and game schedule is posted on the website, <https://www.siouxfallschristian.org/athletics/ms-volleyball.cfm>

Dual Sport Policy – Athletes are allowed to “Dual Sport”. Those who desire to compete in two sports during the same season must:

1. Download/Print the [Dual Sport Policy Form](#)
2. Fill out the entire form and obtain necessary signatures
3. Return the completed form to Athletic Director Jim Groen, **before or during the first week of practice.**

Athletes and parents must understand that competing in two sports is not an easy task. Communication between parents, coaches, and athletes is vital in order for it to succeed.