# ATHLETICS PROGRAM

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# Keeping the Whole Student in Mind

# IN THIS ISSUE

### Spring 2023 Teams

- Track & Field
- Girls Golf
- Boys Tennis
- Girls Softball

### Fall 2023 Teams

- Football
- Football Cheer
- Girls Volleyball
- Cross Country
- Boys Soccer
- Girls Soccer
- Boys Golf
- Girls Tennis



## A Note from the AD

Dear Charger Fans,

Welcome to school year 23-24! We are excited to begin our athletic season and look forward to celebrating the gifts that God has given.

Our fall season athletes and coaches are putting in the time and effort in anticipation for a fun season ahead.

As we approach the new school year I want to challenge our Charger community to bear the name CHRISTIAN proudly and represent our Lord in a way that pleases Him in all we do and say. Our actions and behavior speak loudly! Come out and support our teams in a positive manner.

Go Chargers!

Jim Groen

Athletic Director

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# SPRING SPORTS TRACK & FIELD



Left to Right - Front Row: Levi VanderLeest, Jensen Pixler, Tate Gadbois, Aiden Buys, Ehren Anderson, Austin Bosman, Dawson Unruh, Maddox Johnson, Dawson Holthe, Evan Maas, Luke Rietsema Second Row: Isaac Koole, Simon Roelofs, Carson Bootsma, Ethan Scholten, Owen Feenstra, Marcus Furth, Matthew Steensma, Jake Spronk, Nicholas Popkes, Kian Clapp Third Row: Paul Hoekman, Connor McGowan, Maxwell Matherly, Ethan Powers, Willem Kattenberg, Brayden Witte, Bennett Wassenaar, Jackson Prins, Levi Davelaar, David Argo Fourth Row: Jude vanDonkersgoed, Adam Grim, Jason Lenning, Mason Furth, Johnny Skyberg, Amani Adams, Elijah Mulder, Kennan Voss, Alex Oberloh Fifth Row: Noah Schroder, Yonatan Getahun, Jahaeim Reuer, Josiah Adams, Connor Pruis, Isaac Davelaar, Carter VanDonge, Davis Buck, Carson Engbers Not Pictured: Nazrawi Alemseged, Justin Bauer, Jabez Bekele, Charles Erfman, Gavin Johnson, Tyler Koenes, Zachary Lawrence, Shane McDonald, Ross Sjaarda, Maksim Strizheus



Left to Right - Front Row: Halle Braun, Victoria Gassen, Nealie Stanford, Emory Lems, Kinzie Poppema, Rylee Punt, Molly Leuning, Jerica Glasser, Jasmine VanderHaar, Natalie Smith, Sadie Pettengill **Second Row:** Olivia Traviss, Emma Witt, Gabby Pulse, Claudia Heethuis, Lydia Duncan, Katie VanderLeest, Mya VanDonge, Amelia Lyon, Emily Ortega, Ella Lenning, Sydney Schaap **Third Row:** Avery Zomermaand, Anna Vyn, Elllie Maddox, Savaeh Sichmeller, Sidney Oostra, Taylor VanderGriend, Sierra Scholten, Emily Clapp, Hailey Jasper, Allyra Dorhout, Brianna VanderPol **Fourth Row:** Nakia Enger, Bella Nelson, Peyton Poppema, Ellie Lems, Logan Mulder, Corrinne Braun, Emma Buys, Sydney Campbell, Lavin Maddox, Brianna Schelhaas, Ashlee VanDriesen *Not Pictured: Brenna Beyke, Moriah Harrison, Alexis McEntee, Ellie Pulse, Tavyn Sichmeller* 



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# SPRING SPORTS TRACK & FIELD

## Season Recap:

Reflecting on this past Spring's track & field season there are so many reasons to give thanks! We are thankful for the 117 student athletes that had a chance to represent SFC while pursuing our team's goals of honoring CHRIST, building COMMUNITY and embracing CHALLENGES. It was an historic season for the Chargers, as both the boys and girls won the DAK XII Conference, Region 3A and Class A State team titles.

Grateful for the relationships built and the for the opportunity to coach so many dedicated and hard working athletes were Head Coach Luke Vander Leest and assistants Brett Keepers, Darci Wassenaar, Tim Ackerman, Reid Johnson, Jared Smith, Ethan & Kendra Poulter, Dan Strand and Bob Garry.

## **Season Highlights:**

#### Girls Team:

- 55 athletes
- DAK XII Conference Champions (18 All-Conference Selections)
- Region 3A Champions (225 pts)
- State Champions (126.5 pts)
- 9 SCHOOL RECORDS:
  - Ellie Lems Javelin 113'11"
  - Rylee Punt Pole Vault 11'01"
  - Anna Vyn 800m 2:14.01
  - Corinne Braun 3200m 10:53.41
  - 4x100m Relay 49.03 (B.Beyke, E.Buys, A.VanDriesen, M.VanDonge)
  - 4x800m Relay 9:20.53 (C.Braun, N.Smith, E.Maddox, A.Vyn)
  - Medley Relay 4:07.21 (B.Beyke, A.VanDriesen, K.VanderLeest, A.Vyn)
  - Distance Medley Relay 12:28.44 (E.Maddox, H.Braun, A.Vyn, C.Braun)
  - Co-ed 4x4 Relay 3:52.57 (S.Oostra, K.VanderLeest, A.Grim, D.Buck)

#### **Boys Team:**

- 67 Athletes
- DAK XII Conference Champions (19 All-Conference Selections)
- Region 3A Champions (248 pts)
- State Champions (153 pts New State Meet Record)
- 11 SCHOOL RECORDS
  - Paul Hoekman Shot Put 54'07.5"
  - Kennan Voss Triple Jump 44'01"
  - Jason Lenning Pole Vault 14'00"
  - Josiah Adams 100m 10.54
  - Isaac Davelaar 800m 1:51.11
  - Isaac Davelaar 1600m 4:14.94
  - 4x100m Relay 42.59 (C.VanDonge, N.Schroder, C.VanDonge, J.Adams)
  - 4x200m Relay 1:27.42 (C.VanDonge, N.Schroder, C.VanDonge, J.Adams)
  - 4x800m Relay 7:54.00 (B.Wassenaar, A.Oberloh, D.Buck, I.Davelaar)
  - Medley Relay 3:30.45 (J.Reuer, J.Skyberg, N.Schroder, I.Davelaar)
  - Co-ed 4x4 Relay 3:52.57 (S.Oostra, K.VanderLeest, A.Grim, D.Buck)



Bob Garry retired at the end of the season after being a track and field coach for 50 years! Here he was inducted into the coaches Hall of Fame.



At Nike Nationals in Eugene, Oregon, the relay team of Jahaeim Reuer, Noah Schroder, Carter VanDonge & Josiah Adams finished 3rd in the NATION and clocked the fastest 4x200m relay time in South Dakota history with a 1:27.42. This same relay team earned All-American honors with a 7th place finish in the 4x100.



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# SPRING SPORTS TRACK & FIELD

# **State Meet Highlights**:

## **Girls Team**:

The girls team defended their title as STATE CHAMPIONS scoring 126.5 points and earning medals in 14 events.

5 State Championships:

- 4x100 Relay B.Beyke, E.Buys, A.VanDriesen, M.VanDonge (Meet Record)
- 4x200 Relay B.Beyke, S.Oostra, E.Buys, A.VanDriesen
- 4x400 Relay H.Braun, K.VanderLeest, C.Braun, A.Vyn
- 4x800 Relay C.Braun, S.Pettengill, N.Smith, E.Maddox
- Medley Relay B.Beyke, A.VanDriesen, K.VanderLeest, A.Vyn (Meet Record)

Other State Meet medalists include:

- 100m Emma Buys (4th)
- 200m Emma Buys (5th)
- 400m Anna Vyn (2nd)
- 800m Anna Vyn (2nd), Ellie Maddox (4th)
- 1600m Corinne Braun (2nd), Ellie Maddox (4th), Natalie Smith (7th)
- 3200m Corinne Braun (2nd), Natalie Smith (7th)
- 300H Halle Braun (5th)
- Long Jump Brenna Beyke (4th), Ashlee VanDriesen (5th)
- Pole Vault Rylee Punt (2nd)



## **Boys Team**:

The boys team was crowned STATE CHAMPIONS for the 3rd year in a row, recording a STATE MEET RECORD of 153 points.

9 State Champtionships:

- Josiah Adams 100m
- Josiah Adams 110m Hurdles
- Josiah Adams 300m Hurdles
- Isaac Davelaar 800m (Meet Record)
- Isaac Davelaar 1600m (Meet Record)
- 4x200m Relay J.Reuer, J.Skyberg, N.Schroder, C.VanDonge
- 4x400m Relay N.Schroder, C.Pruis, D.Buck, I.Daveaar
- 4x800 Relay B.Wassenaar, A. Oberloh, D.Buck, I.Davelaar (Meet Record)
- Medley Relay J.Reuer, J.Skyberg, N.Schroder, D.Buck (Meet Record)

Other State Meet Medalists included:

- 100m Carter VanDonge (5th), Johnny Skyber (8th)
- 200m Josiah Adams (2nd), Carter VanDonge (6th), Jahaeim Reuer (7th)
- 400m Noah Schroder (7th)
- 800m Davis Buck (2nd)
- 3200m Alex Oberloh (7th)
- 4x100 Relay J.Reuer, B.Witte, J.Skyberg, C.VanDonge
- Triple Jump Kennan Voss (2nd), Adam Grim (8th)
- Pole Vault Jason Lenning (8th)
- Shot Put Paul Hoekman (2nd)
- Discus Paul Hoekman (5th)





Isaac Davelaar was named the Class A State MVP after winning 4 state titles and setting 3 state meet records.

# SPRING SPORTS



Left to Right - Front Row: Alahna Noble, Faith Breen, Makenna Kindt, Audriana Rea, Ana Tinklenberg Second Row: Marie Rietsema, Claire Lamfers, Aubrie VanBeek, Chloe Attema, Madison Fykstra, Avery Heibult, Adalyn



Addink **Third Row:** Head Coach Steve Van'tHul, Jenna Sprik, Cecelia VanDenTop, Sydney Tims, Brietta Tims, Karly Doom, Tori Peterson, Coach Randy Olson *Not pictured: Harper Boschee* 

> He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary and young people stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

> > Isaiah 40: 29-31

# SPRING SPORTS

#### **Season Recap:**

God is Good! We are thankful for the golf season and all of the girls on the golf team in 2023. It started out cold and snowy, but eventually we had the opportunity to attend several golf meets, including middle school, who went to several middle school meets. JV and Varsity golfers played well in their golf meets, learning things along the way. They did this with JOY, CONFIDENCE and had FUN. They were able to play each course with ENDURANCE and have PASSION for the game they enjoy playing.

The Varsity golfers scored a 311 at Regionals, which was outstanding and easily won that tournament by 30 strokes.

The State golf meet was held at Meadowbrook Golf Course in Rapid City, SD. The girls played well and won the STATE "A" GIRLS GOLF CHAMPIONSHIP, for the third straight year. Tori Peterson placed 5th, which earned her a spot on the All Tournament Team.

We thank God for the talent that He has given each of our golfers and for their determination to do their very best in ALL that they do, both on and off of the course. We finished the year talking about having FUN, FOCUS, FUNDAMENTALS and FAITH. If we have these things at practice and on the golf course we BELIEVE good things will happen.

The girls were coached by Steve Van't Hul, Dan Breen & Randy Olson.





The State golf team consisted of Cecelia VanDenTop, Chloe Attema, Claire Lamfers, Aubrie VanBeek, Tori Peterson, and Jenna Sprik (alternate).



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# SPRING SPORTS BOYS TENNIS



### **Varsity Team**:

**Left to Right:** Head Coach John Williams, Logan Ligtenberg, Rex Lefever, Logan Boyle, James Woodward, Daniel Puumala, Jack DeYoung, Jack Squier, Brady Cotten, Grant Santema, Assistant Coach Rollie Woodward

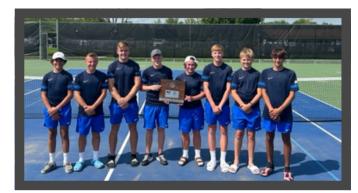
### **Season Recap:**

The Boys Tennis Team finished 7-9 in the regular season and took 3rd at the State tournament.

### **State Meet Highlights:**

At the State tournament the following players placed as follows:

Daniel Puumala - Flight 1 Singles - 3rd place Grant Santema - Flight 2 Singles - 3rd place Jack Squier - Flight 3 Singles - 3rd place James Woodward - Flight 4 Singles - 2nd place Rex Lefever - Flight 5 Singles - 2nd place Jack DeYoung - Flight 6 Singles - 3rd place Puumala & Squier - Flight 1 Doubles - 4th place Santema & Woodward - Flight 2 Doubles - 3rd place Lefever & DeYoung - Flight 3 Doubles - 2nd place





#### **JV Team**:

Left to Right - Front Row: Miles Elenkiwich, Max TenHaken, Zach Lefever, Benjamin VanderDussen, Gibson Stroh, Lucas Gabel **Second Row:** Head Coach John Williams, Isaac Shemon, Jacob Woodward, Luke VanLeeuwen, Aaron Soroka, Calvin Adamson, Oakley VanderPol, Peyton Weiner

Not Pictured: Chris Lee, Stephen Mosley



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# SPRING SPORTS GIRLS SOFTBALL



Left to Right - Front Row: Sydney Patzwald, Katelyn Aukes, Emily Ortega, Madylyn Miersma, Peyton Brouwer, Jamie Murillo, Lauren VanStryland Second Row: Makayla VerMulm, Bailey VanderGriend, Emmersyn Spader, Calissa Linn, Kelly Sevold, Maya Nelson, Megan Aukes, Faith Brouwer, Taylor Dittman Back Row: Assistant Coach Abigail Eben, Assistant Coach Wil Zobel, Ellie Lounsbery, Sara Preheim, Kathryne

Hoff, Bailey Johnson, Kate Preheim, Avery Reitz, Morgan Grim, Head Coach Madison Lundgren

Sioux Falls Christian's inaugural softball season was a great few months of learning and building a foundation for our future programs! There were 22 girls on the softball team from grades 7-12. We saw success in MANY areas throughout the season as the girls grew in their understanding of the game and skills and as relationships formed on the team. The Varsity team had three wins over Flandreau, Canton and Tri-Valley. God truly blessed our time together in this first season, and we are eager to continue to see the program grow.

Our team graduated our first group of seniors: Katelyn Aukes, Ellie Lounsbery, Bella Nelson, and Kelly Sevold. We are grateful for their participation and leadership throughout the season, and we will miss them next season! A huge thank you to the girls for participating this year and an even bigger thank you to the families that supported their daughters and coaches throughout this first season.

Lastly, thank you to Wil Zobel, as the assistant during the season. We are grateful for the time and energy he poured into the girls and the program this season. We welcome Abigail Eben as the new assistant coach for the 2024 season. We are looking forward to the 2024 season!

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# FALL SPORTS



Left to Right - Front Row: Lincoln Prins, Jonah Hunter, Cole Snyder, Britton MUlder, Mason Brouwer, Canvon Prins, Jacob Docter, Jack VanderStouwe, Jacob Congdon, Bravden Witte, Tate Connell, Austin Connell, Drew Netjes Second Row: Brady Byl, Johnny Skyberg, Colton Stene, Devin Doeden, Luke VanLeeuwen, Daniel Begeman, Jake Spronk, Jensen Pixler, Maddux Munson, Logan Boyle, Kade VanEgdom Third Row: Roan DeJong, Luke Westenberg, Nicholas Popkes, Ross Sjaarda, Kaden VanOtterloo, Dylan Knecht, Logan VanSanten, Braden Aukes, Willem Kattenberg, Paul Hoekman, Marcus Furth, Noah Kruse Fourth Row: Coach Brett Keepers, Coach Brent Witte, Parker VanHorssen, Lincoln Semchenko, Matthew Steensma, Andersen Semchenko, Tate Gadbois, Coach Nolan Aasen, Isaac Olson Fifth Row: Coaches John Semchenko, Steve Connell, Shelby Aanenson, Selah Smith, Head Coach Jared Smith, Coaches Brady Lieuwen, Nathan Kabongo, Steve Van'tHul Not Pictured: Assistant Coach Luke DeSautel

The SFC football team is excited to enter its 16th season with varsity football. The Chargers are looking forward to a season of continuous growth as Christians, athletes and teammates.

Jared Smith begins his 5th year as the head coach. The Chargers will have several familiar faces back on the field as they return 4 offensive starters and 6 defensive starters. This group of Chargers love football and each other. They are ready to take on the challenge of a new season together. It should be a fun year for the Chargers players and fans. They appreciate all of your support!

"In Christ you are tougher than any situation or opponent you face on the field and in life."

#### Varsity Football Schedule

AUGUST						
25	Canton	А	7:00			
	TEMBER		7 00			
1	West Central		7:00			
8	Dakota Valley		7:00			
15	Madison	Н	7:00			
22	Chamberlain	Α	7:00			
29	Milbank	Η	7:00			
	(Homecoming)					
	( 5)					
001	TOBER					
	Beresford	Α	7:00			
-	Belle Fourche	Η	6:00			
-	Lennox	Н	7:00			
	Playoff Dates:					
	Oct. 26, Nov. 3, Nov. 10					
001	. 20, 1101. 0, 1101	. 10				
JV Football Schedule						
A 11/	-					
	GUST	Δ	4:00			
28	••••••	~	1.00			
	TEMBER	н	4:00			
	West Central		4:00			
	Dakota Valley		4:00			
	Madison					
	Tri-Valley	А	4:00			
OCTOBER						
2	Dell Rapids		4:00			
9	Beresford	А	4:00			



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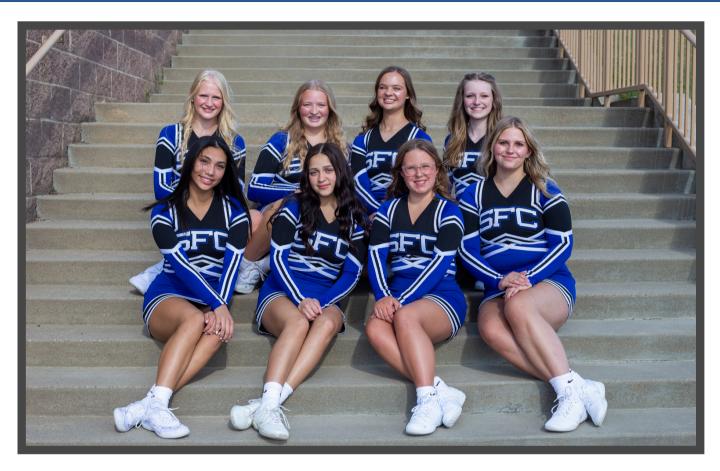


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LEFSCOCHARCERS



# FOOTBALL CHEER



Left to Right - Front Row: Emily Ortega, Anna Shemon, Olivia Haugan, Izzy Bultsma Second Row: Grace Henkel, Chelsea Roberts, Libby Jensen, Jacey Schlenker Not pictured: Coach Misty DeGroot

Varsity Football Cheer is excited for another great year of SFC football! We are thrilled at having 3 returning vets and 5 new members! The team has been putting in the work to get our crowd ready to support and encourage our Charger team. We look forward to another year serving Him in all we do!





We're loyal to you, Christian High, Our silver and blue flying high! We'll back you to stand 'gainst the best in the land – With that great Charger pow'r We stand! Fight! Fight! Give Glory to God, Christian High. For Charger success we will strive. With that combination We're the best in the nation. We expect victory, Christian High!

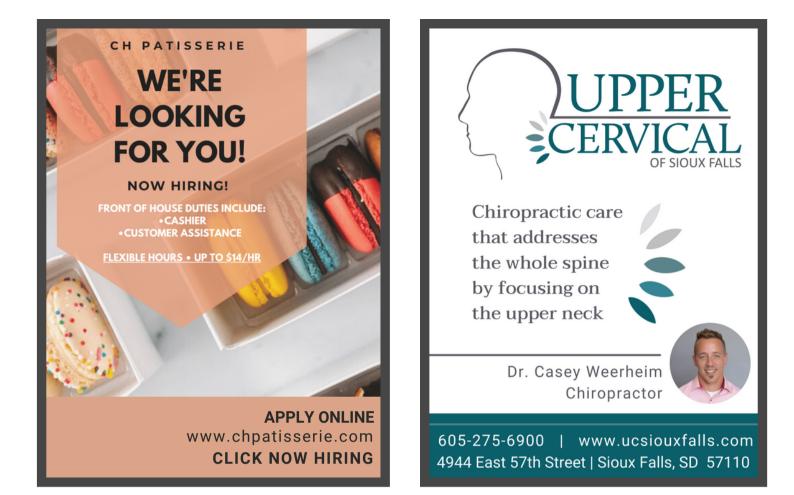


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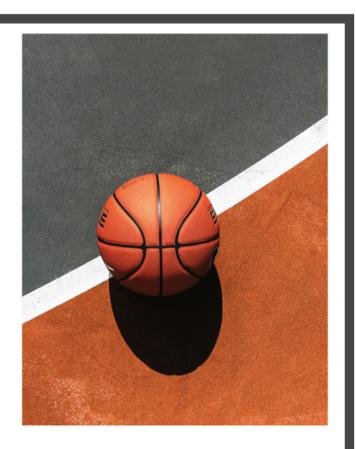
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# FALL SPORTS GIRLS VOLLEYBALL



#### VARSITY VOLLEYBALL

Left to Right - Front Row: Olivia Traviss, Meredith Nelson, Chloe Bosma, Lavin Maddox, Maggie Keepers, Aubrie VanBeek, Taylor VanderGriend, Makayla VanRegenmorter **Back Row:** Anna VanLeeuwen, Sidney Oostra, Brietta Tims, Annaleise Kruse, Rachel Dieleman, Taylor Byl, Katelyn Maas, Tavyn Sichmeller, Addisen Barber, Head Coach Darci Wassenaar

Sioux Falls Christian Volleyball is looking to have another exciting year. The Lady Chargers have a great group of talented and hardworking athletes who are excited to grow in their relationship with the Lord and glorify Him through the game of volleyball.

The ladies are eager to play some high-energy volleyball with their tough defense, aggressive attacking and competitive spirit. The Lady Chargers look to be competitive in every match as they work to improve every day and make the most of every opportunity God gives them. "Family" is the team's focus this year, being united in Christ and sharing His love with each other.

Darci Wassenaar is in her 21st season as head coach at Sioux Falls Christian and will be joined by Wil Zobel, Brittany Vollmer and Jacklyn Nieuwendorp.

#### Volleyball Schedule

AUGUST			-
24 Tea Area	Н	C-B-A	5:00, 6:00, 7:00
26 UCHS Tourney		V Only	8:00 AM
31 Dell Rapids	Н	C-B-A	5:00, 6:00, 7:00
SEPTEMBER		0.0.4	
5 Madison	H	C-B-A	5:00, 6:00, 7:00
7 West Central	А	C-B-A	4:30, 5:30, 7:00
9 PizzaRanch Tourney		A Only	8:30 AM
12 Vermillion	H	C-B-A	5:00, 6:00, 7:00
14 JCC (Jackson, MN)	А	C-B-A	5:00, 6:00, 7:00
16 Unity Christian Tourney		JV Only	9:00 AM
18 Unity Christian Tourney		C Only	4:30
21 Dakota Valley	Α	C-B-A	5:00, 6:00, 7:00
23 Pentagon Tournament	۸	A only	
26 Western Christian	A H	C-B-A C-B-A	5:30(C/JV), 7:00
28 EPJ	п А	С-Б-А В-С-А	5:00, 6:00, 7:00
30 O'Gorman	А	D-C-A	2:00, 3:00, 4:30
OCTOBER			
2 Yankton	Н	C-B-A	5:00, 6:00, 7:00
3 Canton	A	C-B-A	4:30, 5:30, 7:00
5 SW Christian	Н	C-B-A	5:00, 6:00, 7:00
10 Tri-Valley	Α	C-B-A	5:00, 6:00, 7:00
14 DAK XII Tourney @WC		A only	9:00 AM
16 Harrisburg	Α	B-C-Á	4:30, 5:30, 7:00
23 Lennox	Α	C-B-A	4:30, 5:45, 7:00
31 Region 3A Tourney (top	seed	s host)	7:00
Seeds: #1 vs #8 - #2 vs			- #4 vs #5

#### NOVEMBER

- 2 Seeds: #1/8 vs. #4/5 Winner #2/7 vs. #3/6 Winner
- 7 "Sweet 16" State Qualifier
- 16-18 State Tournament @ Rapid City





# FALL SPORTS GIRLS VOLLEYABLL



#### **JV VOLLEYBALL**

**Left to Right - Front Row:** Mabel Cox, Bailey VanderGriend, Jasmine VanderHaar, Jalynn Zweifel, Aubrie VanBeek, Allison Keepers, Sydney Schaap **Back Row:** Gabriella Pulse, Camdyn Mulder, Meredith Nelson, Halle Braun, Allyra Dorhout, Kinzie Poppema, Kathryne Hoff, Tavyn Sichmeller, Coach Wil Zobel



#### **C TEAM VOLLEYBALL**

Left to Right - Front Row: Rayna Fischer, Leah Thorson, Faith Breen, Selena Adams, Harper Boschee Back Row: Sarsih Kattenberg, Jordyn Overman, Aubrey Mulder, Kate Heethuis, Emory Lems, Avery Heibult, Zoe Niewenhuis, Avery Nelson, Coach Brittany Vollmer Not Pictured: Meredith Nelson



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# FALL SPORTS CROSS COUNTRY



#### **GIRLS CROSS COUNTRY**

Left to Right - Front Row: Hope Rohe, Gracie Feenstra, Abigail Breen, Evelyn Nelson, Elisa Gramm, Claire Lems, Bryn Barker, Evelyn DeBerg, Abigail Hoekman Second Row: Jaksyn Loy, Olivia Kerkvliet, Hannah Davelaar, Karrie Bootsma, Sara Preheim, Mikayla Niemeyer, Merritt Olson, Lexie Jansma, Ellie VanOtterloo, Oaklee Hadler, Tatyanna VanVoorst, Sadie Pettengill Third Row: Ava Doeden, Grace Henkel, Jerica Glasser, Logan Mulder, Lauren VanStryland, Anna Vyn, Ellie Maddox, Amelia Lyon, Natalie Smith, Margaret Vogel, Aubrey VanVoorst Not Pictured: Corinne Braun, Ella Lenning

The Chargers look forward to another great season as they aim to live out the goals that have been summarized as the "ABC's of SFC XC." Coach VanderLeest said, "the team will strive to have an Attitude that is Christ-like, will Build Community among the 85 athletes on the team and will Cultivate Discipline, trusting that positive results will flow from achieving these 3 goals." Following a solid summer of training, the Chargers have a lot of reasons to be excited for the upcoming season!

The girls return 9 varsity letter winners, including all members of last year's state championship team. With 32 girls on the roster, the Chargers look poised to be among the best teams in Class A.

The boys team will have a new look after graduating 6 seniors last year, but with a core group of 8 returning letter winners and several underclassmen who are eager to step up, the 53 boys on this year's team will strive to bring out the best in one another as they utilize their God-given talents.

The Chargers are led by head coach Luke VanderLeest and assisted by Tim Ackerman, Sara Mulder and Bre Johnson.

<u>Cross Country Schedule</u> AUGUST				
25 Beresford Invite 10:00am The Bridges Golf Course				
SEPTEMBER				
1 Augie Twilight Yankton Trails	6:00			
9 Nike Invite Yankton Trails	10:00 AM			
12 Charger Invite Yankton Trails	4:00			
18 Dell Rapids Invite Rocky Run G.C.	2:00			
22 Rapid City Invite Hart Ranch	1:00 (MST)			
28 Lennox Invite Lenkota Golf Course	4:00			
0070050				
OCTOBER 5 DAK XII @Vermillion	3:00			
11 Region 2A @SFC Yankton Trails	2:00			
21 State Meet @Sioux Fa	alls			
21 State Meet @Sioux Fa Yankton Trails	Noon			

# FALL SPORTS CROSS COUNTRY



#### **BOYS CROSS COUNTRY**

Left to Right - Front Row: Brody Sheppard, Keaton Fopma, Michael Matherly, Blake Fopma, Trey Meehan, Ethan VanZee, Drew VanStryland, Carter VanLeeuwen, Andrew Koole, Hunter Campbell, Finnley Summerer, Kendon Haggar, Eli Smith, Grayson Veltkamp Second Row: Zachary Lunn, Jackson McCaulley, Kole Bleyenburg, Sam VanRaalte, Noah Minor, Tyler Anema, Max McDonald, Wesley Lyon, Brooks Clapp, Jacoby Johnson, Zach McCaulley, Levi VanderLeest, Peyton Weiner, Isaac Shemon, Levi Harr, Carter Oberloh, Brant Wassenaar Third Row: Austin Bosman, Max Matherly, Will Thorson, Aaron Soroko, Calvin Adamson, Ethan Scholten, Carson Bootsma, Owen Feenstra, Aiden Buys, Isaac Koole, Noah VanRaalte, Simon Roelofs, Jackson Prins, Josh Fletcher, Levi Davelaar, Alex Oberloh, Bennett Wassenaar Not Pictured: Alex Wall, Brice Wassenaar, Ethan Powers, Judah Mosley





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# FALL SPORTS BOYS SOCCER



Left to Right - Front Row: Blake Hoogeveen, Dawson Unruh, Wilson Rector Second Row: Braxon Boyd, Kole Benjamin VanderDussen. Blevenbura. Zacharv VanderHaar, Carter Oberloh, Cohen VanOtterloo, David Argo, John Vyn, Preston Rerick, Owen Seurer, James Grim, Ethan Smith, Karson VanOtterloo Third Row: Head Coach Ephron Poyer, Trevor Hoogeveen, Charlie Li, Levi VanderHaar, Kaden Anderson, Brandt Griebel, Gabriel Schock, Luke Rietsema, Caden Kolterman, Zachary Lawrence, Noah Johnson, Assistant Coach Jeremy Roberts Fourth Row: Gideon Alemseged, Noah VanOtterloo, Cameron Schock, Eli Anema, Nazrawi Alemseged, Emerson Brazones, Boston Gerdes, Dawson Holthe, Charles Erfman, Landon Mesman, Jude vanDonkersgoed Not Pictured: Ruvim Strizheus, Bereket Getahun, Joseph Hyun, Kian Clapp, Julio Saenz, Justin Bauer, Tyler Koenes

Boys Soccer Schedule				
AUGUST	٨	V 4:00 / IV to follow		
12 JV Christian		V 4:00 / JV to follow		
18 STM		JV 4:00 / V 7:30		
		V 10:00 AM		
19 Freeman Academy	Н	JV 2:00		
24 Huron	Н	JV 6:00 / V 7:30		
26 West Central	А	V 11:00		
31 Tea Area	Н	JV 5:30 / V 7:00		
SEPTEMBER				
2 Marshall, MN	Н	JV 10:00AM(YT)/V 2:00		
5 Vermillion		JV 4:00 / V 5:30		
8 Spearfish	А	JV 5:00 / V 7:00 (MST)		
9 Sturgis		JV 10:00AM/V 6:00 (MST)		
12 SW Christian		JV 4:30 / V 4:30		
16 Dakota Valley	А	JV 11:00 / V 1:00		
		JV 5:30 / V 7:00		
23 SF O'Gorman		JV Noon / V 2:00		
OCTOBER				
3, 7 State Tournament Playoffs				
14 State Championship				
@ Brandon Valley HS, time TBA				

"Jesus is Better"

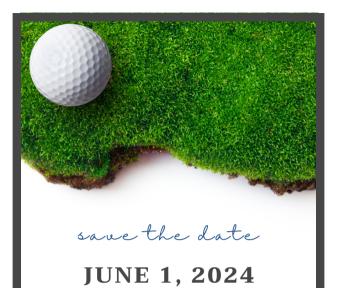
# FALL SPORTS BOYS SOCCER

Jeremy Roberts, High School Biology, and Ephron Poyer, High School Bible, continue as the boys soccer coaches. We are thankful for the opportunity to help these young men utilize the gifts and passions they have for soccer to inspire a life that is more like Jesus (Deep Hope). We have this deep hope because Jesus is Better (Storyline). For this season we will be working through Matthew 5-7 and several Psalms to help us acknowledge and live the truth that Jesus is Better.

We have graduated 14 seniors, whose participation in our soccer program for 5 years was extraordinary. We are thankful for them and pray they increasingly believe Jesus is better and commit to become more like Him.

Our team is made up of 8 seniors, 6 juniors, 19 sophomores, and 10 freshmen. The captains this year are seniors Tark Griebel and Landon Groen, both of whom are exemplary young men. Their example, encouragement and leadership will serve the team well.

Please pray for us as we seek to cultivate our deep hope in response to the truth that Jesus is Better!



# SIOUX FALLS CHRISTIAN SCHOOL ANNUAL GOLF TOURNAMENT

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# FALL SPORTS **GIRLS SOCCER**



#### **JV & VARSITY SOCCER**

Left to Right - Front Row: Katy Gulbranson, Emmersyn VanVugt, Abigail Breen, Emma Witt, Sierra Scholten, Calissa Linn, Victoria Gassen, Hazel Raap, Oaklee Hadler Second Row: Evelyn DeBerg, Autumn Aukes, Maci Connell, Ana Tinklenberg, Johannah Kobes, Mikayla Niemeyer, Megan Aukes, Hailey Jasper, Tessa Neugebauer, Emily Clapp, Jada Elgersma, Ellie Bosma Third Row: Kenna Schultz, Regan Mulder, Ashlyn Reitz, Claire Lems, Delanev Olson, Ashlee VanDriesen, Ava Schock, Morgan Grim, Kenley Anderson, Makinli Reitsma, Katie VanderLeest, Nealie Stanford, Brianna VanderPol Not pictured: Abby Baker, Sydney Schaap

The 2023 Girls Soccer Team is back again after its best season ever! Last year, the girls finished with an impressive record of 12-3-1 including a third consecutive trip to the state semi-finals. The team also set a team record of most goals in a season (44), assists in a season (24), wins (12), and tied the team record in shutouts (9).

For the 2023 season, we have the most players we've had on the team with 35 players plus managers! We're fortunate to be returning with a large senior class but also welcoming in some of our 7th graders for this season!

Our theme for this season is "Never Alone" and the Bible verse Psalm 46:5 that was agreed upon by returning seniors. This theme was selected because we know that with God by our sides, we are never truly alone. It is our faith that will guide us and our trust in God that will help us when challenged. We are looking forward to continuing to build upon the team unity and family atmosphere we've built up over the years as well as continuing to participate in monthly service activities as a team. We do not know the path ahead but as long as we do it together, as a team and with God, nothing can stop us!

God is in the midst of her, she will not be moved; 66 God will help her when morning dawns.

#### **Girls Soccer Schedule**

#### AUGUST

18 STM

15 Mitchell

- A V 4:00 / JV 6:00
  - H JV 4:00 (YT)/V 6:00 (SFC)

JV 10:00 AM (YT)/V Noon

- 19 Belle Fourche H V Noon 22 Dakota Valley
  - A JV 6:00 / V 8:00
- 24 Garretson A V 6:00 / JV follows H JV 5:30 / V 7:00

Н

29 Tea Area

#### SEPTEMBER

- 2 Marshall, MN
- 5 Dakota Valley H JV 5:30 / V 7:00 7 Vermillion
  - A JV 4:00 / V 5:30

A JV 4:00 / V 6:00

H JV 5:30 / V 7:00

A V Noon / JV 2:00

- 9 Groton
- H V 1:00 / JV follows 16 Dakota Valley A JV 11:00 AM / V 12:30
- 19 West Central
- 21 Garretson
- 23 O'Gorman
- 26 Vermillion H JV 5:30 / V 7:00

#### **OCTOBER**

- 3, 7 State Tournament Playoffs
- 14 State Championship @ Brandon Valley HS





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# FALL SPORTS BOYS GOLF



#### **VARSITY GOLF**

Left to Right - Front Row: Sam Spies, Boston Gerdes, Jude vanDonkersgoed, Levi VanderHaar, Maddox Johnson, Treyson Boyd, Paxton Anema, Trey VanDonge, Paxtin Aanenson, Trey Pater **Back Row:** Assistant Coach Steve Van'tHul, Basil Wetzel, Emerson Brazones, Gabriel Schock, Drew Weir, Tim DeSautel, Denver Kindt, Reed Lubben, Brendon VanBeek, Elijah Anema, Head Coach Ivan Voss *Not Pictured: Griffin Keogh* 

The Boys Golf Team has a lot of new faces this year. Four seniors return to the team along with several new players. Coach Voss said, "There is strong competition for the top spots on the Varsity roster. It will be a very competitive season with teams in our conference and region." The team's goal is to return to the State Tournament in October and compete as a team.

The theme for the team is G.R.I.P. The team seeks to Grow in Christ and with each other, Respect others, be Intentional and Practice to win and give the glory to God.



Golf Schedule				
AU	GUST			
14	West Central Invite	V only	9:00 AM	
21	Dell Rapids Invite	V only	9:00 AM	
24	Madison Dual	V-JV	4:00 PM	
29	Charger Invite	V only	9:00 AM	
	@ Spring Creek			
31	Beresford Quad	V-JV	1:00 PM	
SEPTEMBER				
1	Parkston Tournament	V only	10:00 AM	
7	Vermillion Invite	V only	9:00 AM	
14	EPJ Invite	V-JV	8:30 AM	
18	DAK XII @ Vermillion	V only	9:00 AM	
	Region 2A @ EPJ	V only	9:00 AM	
OCTOBER				
2-3	State Meet @ Rapid City	V only	TBA	



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# FALL SPORTS GIRLS TENNIS



Left to Right - Front Row: Audriana Rea, Muriel Jensen, Danielle VanderDussen, Ella Lieuwen, Harper Tuttle, Dehlia Doop-Blanchard, Carys Hanmer, Lily Attema, Head Coach Matt Westenberg. **Back Row:** Assistant Coach John Williams, Grace Byers, Izabella Green, Elsa Johnson, Jade TenHaken, Elsje VanderDussen, Halle Karmazin, Kasey Lemstra, Anna Westenberg, Mackenzie Boyle, Head Coach Matt Westenberg

Not Pictured: Eisley Roark, Adayla Voegelten

We are excited for our third year of girl's tennis at Sioux Falls Christian. We have 19 girls out this season (7th - 12th grade), with 4 returning Varsity players. We will be led by 4 Seniors and 1 Junior, all returning from last year's team, along with a couple underclassmen looking to contribute. We are also thankful to officially have home courts at Tomar Park this year. We hope you can come cheer on the Chargers and enjoy the beautiful new facility built by the city and the Sioux Falls Tennis Association.

The team is coming off of a great year after finishing 3rd at last year's State tournament. We are looking forward to another really good season and hoping to do even better at the State tournament this year. The Lady Charger tennis team is looking forward to a great season filled with fun times, lasting friendships, and even more success on the court.

Our deep hope for this team is to teach our players how to compete in this life-long sport in such a way that pathways are created to build friendships, to share God's love with others, and to form bonds with teammates, coaches, and other tennis players that will last a lifetime.

love | grow | go | glorify

#### <u>Tennis Schedule</u>

AUGUST				
10 Vermillion	H 4:00 PM			
12 SFC Intra-Squad	10:00 AM			
15 Milbank Triangular	A 12:30/3:00			
17 ST More	H 4:00 PM			
18 Madison Invite	A 9:00 AM			
19 Madison Invite	A 8:00 AM			
25 RC Invite	A 12:30 PM			
26 RC Invite	A 8:00 AM			
29 Lennox	H 4:00 PM			
SEPTEMBER				
5 Harrisburg	H 4:00PM			
8 Brandon Valley Invite	A 12:30/3:00			
9 Brandon Valley Invite	A 8:00 AM			
14 Yankton	A 4:00 PM			
16 Rapid City Christian	H 9:00 AM			
18 Madison	A 4:00 PM			
19 Brookings	H 4:00 PM			
23 Aberdeen Roncalli	A 11:00 AM			
26 Aberdeen Central	A 2:00 PM			
26 DAK XII Invite @ SFC	H 10:00 AM			
OCTOBER				
2-3 State Meet @ Rapid City	TBA			





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